Back to School Sustainability

Created by the leadership team of the Project Green Schools National Youth Council
Hour of Energy Conservation!

Encourage teachers to turn off lights on sunny days!
Physical Challenges for Students

ECOSIA
FOREST
SWEAT COIN
IMPLEMENTING OUTDOOR LEARNING

- Meet with school faculty or administrators
- Discuss the environmental/academic/student benefits of outdoor learning
- Host fundraisers & collect donations
- Create & enjoy your space

STUDENT BENEFITS
- Decreased symptoms of behavioral problems (ex: ADHD)
- Reduced anxiety & depression
- Students reportedly happier
- Develop independence, creativity, and confidence
- Sets up a healthy lifestyle, one in respect with nature
- Studies reveal improvement in academic performance

ENVIRONMENTAL BENEFITS
- Natural light (saves energy)
- The expectation of leaving a classroom clean aids environmental health
- Planting gardens in outdoor learning spaces attracts beneficial organisms (ex: bees)
- Students learn to respect nature
- No heating or cooling system (saves energy)
- Snacks eaten by students can go into a compost bin, which can be regulated in the outdoor learning space
Repurpose fabrics for masks

Use at least 2 layers of breathable fabric
NO WASTE LUNCH

Reduce excessive packaging
Reusable containers and utensils
Recycle paper bags and plastics

Buy from local farms and markets

Local food tastes better
Local food is healthy
Local food is safe
Local food supports a clean environment

Do your part in saving the planet.

A reminder from National Youth Council
Help the environment get better

REUSING 101

As the school year begins, how can you minimize your impact?

Tips on how to reuse old school materials

REUSING 101

- Invest in a good, reusable, BPA-free, water bottle
- Keep old notebooks & use for scrap paper or if you have room, clip your old pages together, and start new notes with the remaining pages
- Instead of buying new pens/pencils every year, find a favorite and buy ink/lead refills
- Use supplies (binders, markers, etc.) as long as you can
- Invest in a reusable notebook that you can use over and over again

Tips on how to reuse old school materials